

MONDAY

	STUDIOS - PARK 5	VICTORIA HALL, AKEMAN STREET	VICTORIA HALL, AKEMAN STREET	
3:45 PM		3.45 - 4.15 PRE-PRIMARY BALLET CH-G		
4:00 PM			4.00 - 5.00	
4:15 PM			4.15 - 5.15	GROUP 3 ACTING
4:30 PM			GRADE 2 BALLET	
4:45 PM				GL
5:00 PM			CH-G	
5:15 PM			5.15 - 6.15	
5:30 PM			GRADE 3 BALLET	
5:45 PM				
6:00 PM			CH-G	
6:15 PM				
6:30 PM		6.30 - 7.45		
6:45 PM	ADVANCED FOUNDATION BALLET			
7:00 PM				
7:15 PM				
7:30 PM	CH-G			
7:45 PM	7.45 - 9.00			
8:00 PM	ADVANCED 2 BALLET			
8:15 PM				
8:30 PM				
8:45 PM	CH-G			

TUESDAY			
	STUDIOS - PARK 1	STUDIOS - PARK 2	STUDIOS - PARK 3
6:30 PM	6.30 - 7.30	6.30 - 7.30	6.30 - 7.30
6:45 PM	GROUP 2 ACTING	GROUP 1 SINGING	GRADE 6 MODERN
7:00 PM			
7:15 PM			
7:30 PM	7.30 - 8.30	7.30 - 8.30	7.30 - 8.30
7:45 PM	GROUP 1 ACTING	GROUP 2 SINGING	GRADE 5 TAP
8:00 PM			
8:15 PM			

WEDNESDAY	
	STUDIOS - PARK 5
6:30 PM	6.30 - 7.30
6:45 PM	GRADE 4 BALLET
7:00 PM	
7:15 PM	
7:30 PM	7.30 - 8.30
7:45 PM	GRADE 5 BALLET
8:00 PM	
8:15 PM	

THURSDAY

	STUDIOS - PARK 2	STUDIOS - PARK 4	STUDIOS - PARK 5	VICTORIA HALL, AKEMAN STREET			
4:15 PM				4.15 - 5.00			
4:30 PM				GRADE 1 BALLET			
4:45 PM				CH-G			
5:00 PM				5.00 - 6.00			
5:15 PM				GRADE 2 BALLET			
5:30 PM							
5:45 PM				CH-G			
6:00 PM							
6:15 PM							
6:30 PM	6.30 - 7.30	6.30 - 7.45	6.30 - 7.30				
6:45 PM	INTERMEDIATE FOUNDATION MODERN	INTERMEDIATE FOUNDATION BALLET	DANCE FOR PARKINSONS				
7:00 PM							
7:15 PM	KW						
7:30 PM	7.30 - 8.30		KJ				
7:45 PM	ADVANCED 1 MODERN	CH-G	7.30 - 8.30				
8:00 PM		7.45 - 9.15	ADULT BALLET				
8:15 PM	KW	INTERMEDIATE BALLET					
8:30 PM	8.30 - 9.30		KJ				
8:45 PM	INTERMEDIATE TAP						
9:00 PM		CH-G					
9:15 PM	KW						

FRIDAY		
	STUDIOS - PARK 2	STUDIOS - PARK 3
6:30 PM	6.30 - 7.30	6.30 - 7.30
6:45 PM	INTERMEDIATE MODERN	ADULT TAP
7:00 PM		
7:15 PM		
7:30 PM	7.30 - 8.30	
7:45 PM	ADVANCED 2 TAP	
8:00 PM		
8:15 PM	KW	

SATURDAY

	STUDIOS - PARK 1	STUDIOS - PARK 2	STUDIOS - PARK 3	STUDIOS - PARK 4	STUDIOS - PARK 5	MANSION - BALLROOM	STUDIO B
8:45 AM	8.45 - 9.45	8.45 - 9.45		8.45 - 9.45	8.45 - 9.15 BABY BALLET JB		8.45 - 9.15 PRIMARY MODERN DK
9:00 AM	GROUP 1 ACRO	GRADE 3 BALLET		GROUP 2 BALLET	9.15 - 10.00 PRIMARY BALLET JB		
9:15 AM							
9:30 AM	DV	CH-G	9.30 - 10.00 BABY	JD			9.30 - 10.00 PREP MODERN DK
9:45 AM	9.45 - 10.30	9.45 - 10.45	TAP & JAZZ COMBO SW	9.45 - 10.45			10.00 - 10.45
10:00 AM	GROUP 4 ACRO	GRADE 5 BALLET		GROUP 3 BALLET	10.00 - 10.45 PRE-PRIMARY BALLET JB		
10:15 AM						10.15 - 11.00	
10:30 AM		CH-G	PRIMARY TAP	JD			10.45 - 11.45
10:45 AM	10.45 - 11.30	10.45 - 12.15	SW	10.45 - 11.45	10.45 - 11.45		
11:00 AM	GROUP 2 ACRO	INTERMEDIATE FOUNDATION BALLET	11:00 - 11:30 PRE-PRIMARY TAP SW	GROUP 1 POINTE WORK	ADULT BALLET JB		GRADE 2 TAP DK
11:15 AM			DV			11:30 - 12.15	
11:30 AM	11.30 - 12.15		GRADE 1 MODERN	JD			
11:45 AM	GROUP 3 ACRO	CH-G	SW	11.45 - 1.15			
12:00 PM			DV	12.15 - 1.15			
12:15 PM	12.15 - 1.15	12.15 - 1.15	12.15 - 1.15	GROUP 1 BALLET	12.15 - 1.15		ADULT TAP DK
12:30 PM	GROUP 2 STREET DANCE	GRADE 4 BALLET	GRADE 4 MODERN		GRADE 1 BALLET JB		
12:45 PM							
1:00 PM	DV	TL	SW	JD			
1:15 PM	1.15 - 2.15	1.15 - 2.15	1.15 - 2.15		1.15 - 2.15		1.15 - 2.15
1:30 PM	GROUP 1 STREET DANCE	GROUP 4 BALLET	GRADE 2 MODERN	1.30 - 2.30	INTERMEDIATE BALLET JB	1:30 - 3 ADVANCED 1 BALLET	GRADE 3 MODERN DK
1:45 PM							
2:00 PM	DV	TL	SW	JD	2.15 - 3.15		
2:15 PM	2.15 - 3.15	2.15 - 3.15	2.15 - 3.15	2.30 - 3.15	GRADE 2 BALLET		2.30 - 3.30
2:30 PM	GRADE 4 TAP	GROUP 2 JAZZ	GROUP 1 CONTEMPORARY	GROUP 3 STREET DANCE	GRADE 2 BALLET JB	CH-G	GRADE 5 MODERN SW
2:45 PM							
3:00 PM	DK	TH	EMW	DV			
3:15 PM		3.15 - 4.15	3.15 - 4.15	3.15 - 4.15	3.15 - 4.15	3.15 - 4.45	
3:30 PM	3.30 - 4.30	GROUP 3 JAZZ	GROUP 4 CONTEMPORARY	GROUP 1 MUSICAL THEATRE	GROUP 3 POINTE WORK JB	ADVANCED FOUNDATION BALLET	
3:45 PM	GRADE 3 TAP						
4:00 PM	DK	4.15 - 5.30	4.15 - 5.15	4.30 - 5.30			
4:30 PM	4.30 - 5.30	GROUP 1 JAZZ	GROUP 3 CONTEMPORARY	GROUP 2 MUSICAL THEATRE	4.45 - 5.45 GRADE 4 BALLET	CH-G	
4:45 PM	GRADE 6 TAP						
5:00 PM	DK	TH	EMW	JD			
5:15 PM	DK	TH	EMW	JD			
5:30 PM			5.30 - 6.30	5.30 - 6.30	CH-G		
5:45 PM			GROUP 2 CONTEMPORARY	PROG. BALLET TECHNIQUE			
6:00 PM			EMW	JD			
6:15 PM			EMW	JD			

TPA offers a wide range of classes throughout the week incorporating the core subjects of ballet, modern and tap along with classes in jazz, contemporary, musical theatre dance, street dance, acro, Progressing Ballet Technique (PBT) singing and acting. TPA also offer adult classes in ballet and tap and Dance for Parkinson's classes.

To follow are all classes on offer that do not follow a syllabus. The ages listed are for guidance only and class allocations are at the teacher's discretion. Entry for examinations is at the discretion of the relevant teaching staff.

Baby classes (ages 3-4)

Baby Ballet

A dance-based class for very young children, starting at age 3 to 4 years old. The class is based on imaginative sequences that encourage the children to explore movement to music. The children learn about control, spatial awareness and rhythm. An introduction to all forms of dance and a preparation for graded ballet classes.

Baby Jazz & Tap Combo class

A combined class introducing the youngest pupils aged 3-4 years to jazz and tap. This class also prepares pupils for the grades ahead in modern and tap.

Ballet

Ballet Group 4

A non-syllabus ballet class aimed at Grade 1-3 level but a useful free class for other levels. Designed to broaden the pupil's knowledge and technique.

Ballet Group 3

A non-syllabus class aimed at Grade 4-5 although pupils in other grades may attend at the discretion of the Head of TPA. Designed to develop technique and knowledge, complementing examination work or as a stand-alone.

Ballet Group 2

A non-syllabus class aimed at inter-foundation/intermediate level although pupils in other grades may attend at the discretion of the Head of TPA. Designed to broaden knowledge technique, artistry and musicality.

Ballet Group 1

A non-syllabus class designed for the most advanced pupils, challenging stamina, developing technique, vocabulary and artistry.

Pointe Work 3

A non-syllabus class designed to develop pointe work skills from early stages to a competent level.

Pointe Work 2

A non-syllabus class designed for those with experience, working towards the vocational grades or equivalent.

Pointe Work 1

A non-syllabus class for the most advanced pupils, designed to enhance exam work and challenge both technique and artistry.

Modern

Prep Modern

A Preparatory class designed to introduce modern to pupils aged approximately 5 years old, the aim is to put in place the basic skills and technique required in order to progress to graded Modern lessons.

Jazz

Jazz Group 3

A class incorporating jazz technique, performance and musicality along with stretching exercises. Age range 9–11.

Jazz Group 2

A more advanced jazz class for pupils aged 12+ with more experience. Jazz technique is studied covering strength, flexibility, corner work and choreography.

Jazz Group 1

A jazz class for the most advanced pupils, incorporating challenging choreography and demanding technical development to achieve the required vocabulary, for ages 13+ (at teacher's discretion)

Musical Theatre (Dance)

Musical Theatre (Dance) Group 2

These classes are designed to develop performance skills and pick-up speed, and to broaden participants' knowledge of the different dance styles within Musical Theatre. Age range 9–13 (at teacher's discretion)

Musical Theatre (Dance) Group 1

A more advanced class for experienced dancers, working on a broader range of styles, with a higher technical demand. Age range 13+ (at teacher's discretion)

Singing & Acting

These classes develop skills in acting, singing & staging/movement with an emphasis on the creative process.

- Acting work is based on play building and scripted work. Children are expected to come with a desire to grow and develop their acting skills in a professional manner.
- The singing programme is diverse in content. The focus is on improving projection and breathing techniques to build vocal strength and confidence.

Singing Group 2

This class is for ages 9–12 and works on technique, diction and breathing as well as repertoire. Harmony work will also be included.

Singing Group 1

For ages 13 and over, a more demanding class for singers with experience. More complex harmonies, plus a higher technical demand are integrated into the lessons. A broader range of repertoire will be covered.

Acting Group 3

This class is for the youngest actors, aged 6–9, and is a great foundation for developing confidence within the genre in preparation for progression over time.

Acting Group 2

For those aged 10–13, working with script and improvisation in a creative and challenging way in order to explore all aspects of acting.

Acting Group 1

For those aged 13 and over, a more challenging class for the oldest pupils, covering all aspects of acting in a mature and developmental way.

Street Dance

Street dance classes are designed to develop or refine street dance skills. Pupils are divided into 3 age groups for street dance; 6–9, 10–12 and 13+.

Street Dance Group 3

A class for younger pupils aged 6–9, designed to instil the basic dance skills required for the genre whilst enjoying the music and style.

Street Dance Group 2

A class for pupils aged 10–12, designed to develop previous learning with a higher level of challenge and demand.

Street Dance Group 1

A class for the older pupils of 13 and over, working at a more advanced level, incorporating more complex choreography and challenging choreography.

Contemporary

A scheme of work which covers the techniques required within contemporary dance, covering release, breath, technical acquisition as well as choreography. Pupils are divided into 3 age groups for contemporary 9–12, 13–14 and Approx. 14+ (dependant on prior experience and technical accomplishment)

Contemporary Group 3

An introduction to the genre, working with technique, breath and style. A class for pupils aged 9–12.

Contemporary Group 2

A class for pupils aged 13–14, developing basic skills learned and working with more complex choreographic sequences and a higher level of technical demand.

Contemporary Group 1

For pupils ages 14 and over, working at a more advanced level in both choreographic structure and technical content.

Acro

Acro classes are designed to develop acrobatic skills whilst having fun and building confidence. There are 4 levels within the timetable which are allocated to the following ages 6–9, 10–11, 12–14 and 15+, as a guide.

Progressing Ballet Technique (PBT)

PBT classes develop dance technique and build core and whole body strength, using balls, mats and bands. You can read more here - <https://pbt.dance>.

SYLLABUS CLASSES (GRADED/EXAM BASED)

Ballet

Pre-Primary and Primary Ballet

Designed by the RAD to introduce dance to children approximately 5 years old (Pre-Primary) and 6 years old (Primary).

Grade 1 to 5 Ballet

These RAD grades incorporate ballet syllabus free movement and character work. Appropriate for all children to give a good grounding in the fundamentals of the technique.

Intermediate Foundation, Intermediate, Advanced Foundation and Advanced 1 & 2 Ballet

These are the RAD vocational level grades in classical dance. Working to a more challenging technical standard of classical dance, incorporating more complex enchaînements and vocabulary.

Modern

Primary to Grade 6 Modern

Pupils study the ISTD Dance syllabi starting at approximately 6 years old. A course of study with set syllabi which progresses via examination.

Intermediate Foundation, Intermediate and Advanced 1 & 2 Modern

A vocational progression from the lower grades. An emphasis on performance and understanding of different styles.

Tap

Pre-Primary–Grade 6 Tap

Pupils study ISTD tap syllabi starting at approximately 5 years old and progress via examination.

Intermediate–Advanced 1 & 2 Tap

ISTD Tap progression from the lower grades to a more vocational level.