

Tring Park Performance Academy Curriculum

Tring Park Performance Academy (TPPA) offers a wide range of classes throughout the week, incorporating the core subjects of ballet, tap and modern, along with singing, acting, jazz, contemporary, acro, and street dance. TPPA also offer adult classes in ballet, tap and Dance for Parkinson's.

Please note: Changes may occur at the discretion of TPPA management. Classes may be removed from the timetable either temporarily or permanently, depending on demand. TPPA also reserves the right to consider experience as well as age when placing pupils in non-syllabus classes. The following is intended as a guide only and does not describe detailed content.

BABY CLASSES (AGES 3+)

These classes use imaginative sequences that encourage exploration of movement to music. Young children learn about control, spatial awareness and rhythm - an introduction to all forms of dance and a preparation for graded ballet, tap and modern classes.

Ballet

Tap & Modern

PERFORMERS CLASSES

These classes develop skills in singing & acting (with a musical theatre feel) with an emphasis on the creative process. Pupils are expected to come with a desire to grow and professionally develop their skills.

Young (for ages 7+)

Intermediate (for ages 10+)

BALLET CLASSES

A non-syllabus ballet class designed to develop technique, vocabulary and artistry.

Junior (Grade 1 – 4)

Mid (Grade 5 – Intermediate)

Senior (Advanced Foundation – Advanced 2)

BALLET (RAD) SYLLABUS CLASSES

Classes cover pre-primary through to advanced 2.

POINTE WORK CLASSES

Pointe work may be studied for pupils working at Grade 5 level after passing a pre-pointe assessment with the school physio team. Please get in touch with physio@tringpark.com for a pre-pointe assessment.

Beginner (Grade 5 – Intermediate Foundation)

Mid (Intermediate – Advanced Foundation)

Senior (Advanced 1 to Advanced 2)

JAZZ CLASSES

Jazz technique is studied in these classes, covering strength, flexibility, corner work and choreography.

Junior (ages 9+)

Mid (ages 12+)

Senior (ages 15+)

CONTEMPORARY CLASSES

These classes cover the techniques required within contemporary dance, covering release, breath, technical acquisition, and choreography.

Junior (ages 9+)

Mid (ages 12+)

Senior (ages 15+)

YOUTH DANCE COMPANY

This class focuses on choreography for performance pieces and provides additional performance opportunities at various platforms and events. To join the youth dance company, pupils must also attend a contemporary class at TPPA. The commitment to the Youth Company extends until the end of the school year to ensure the pieces created can be performed, particularly during the spring and summer terms.

Junior (ages 7+)

Mid (ages 11+)

Senior Acro (ages 14+)

TAP & MODERN (ISTD) SYLLABUS CLASSES

Classes cover pre-primary through to advanced 2.

ACRO CLASSES

These classes are designed to develop acrobatic skills whilst having fun and building confidence.

STREET DANCE

These classes are designed to develop dance skills whilst having fun and building confidence.

Mini (ages 7+)

Junior (ages 9+)

Mid (ages 12+)

Senior (ages 15+)